



Meeting Agenda  
2019 AMA Congress Meeting

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**Medical/Safety Commission**

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Saturday, December 7, 2019  
Hilton Columbus Downtown

## **Meeting Agenda**

### **1. Opening of Meeting**

- a. Comments by the Director of Racing – Kevin Crowther
- b. Comments by the Commission Chair – Paul Reiman
- c. Take attendance
  - Present
  - Absent with notice
  - Absent without notice

### **2. Proposal Items**

- a. None submitted for the 2019 review

### **3. Agenda Items**

- a. MS-A1219-1 Upper Body Protection

### **4. Closing of Meeting**



## American Motorcyclist Association Agenda Item for Discussion

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### Medical/Safety Commission Agenda Item

#### Agenda: MS-A1219-1 Upper Body Protection

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#### Item

#### ***Presented for discussion and feedback by the Medical and Safety Commission***

The Medical/Safety Commission has been researching and working on a proposal for upper body protection. As you know, All racing disciplines with the exception of trials place the rider at risk for injuries to the sternum, ribs and thoracic spine. The underlying soft tissues such as the lungs and heart are also placed at risk. Because of the physical maturity and structural development of Youth athletes under the age of 14, they are at risk for commotio cordis, which occurs after a direct blow to the sternum. This may lead to sudden cardiac death. Protection from roost related to rocks may also allow better concentration of the rider and potentially allow safer racing. Also, modern chest/back protectors are well ventilated to reduce heat load to the rider.

Based on this data, the Medical Safety Commission is going to be moving forward a proposal that will make upper body protection mandatory for youth riders under the age of 14 competing in any speed related racing disciplines. When looking at the landscape of the current racing disciplines, the only racing discipline that we see not fitting into a "speed event" would be Trials.

Because this type of rule would impact multiple racing disciplines, we are seeking input and feedback from all of the racing commissions with regards to how or what impact a mandatory rule for upper body protection could have on specific disciplines of racing. Below is what we have determined is the best proposal to try and implement for 2021, with the intent of reviewing the deployment of a new rule and if it might warrant "mandatory for all racers" status in the future.

**Please review the proposal and submit a written response to the Medical Safety Commission no later than March 6, 2020.** This response should include bullet points of support, concerns, or any recommendations of what modifications you believe would better suit your specific type of racing.

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## **Proposed Change**

### E. Competition Apparel

1. Protective pants made of leather or other durable material and long sleeve jerseys must be worn.
2. When a riding jersey or other apparel is used for rider identification, it is recommended that an 8-inch high number be on the back, and the number be of contrasting colors. ***When a back protector is worn outside of the jersey, the number should be placed on the back protector.***
3. Boots must be worn in all meets. They must be at least 8 inches high with any combination of laces, buckles, or zippers, or be specially designed and constructed for foot and leg protection.
4. ***A chest and back protector must be worn for all competitors under the age of 14 (at the date of competition). The protector may be worn under or over the jersey. It must cover the sternum anterior ribs, posterior ribs, and spine from T1 to T 12. For road racing a back protector must be worn under their leathers unless integrated into the design of the leathers .***
5. It is recommended that riders use the available protective equipment (i.e. gloves, neck brace, and knee protectors) to help protect against the possibility of injury.
6. All riders must utilize a shatterproof face shield or shatterproof goggles.
7. Wearing of Helmets: It is mandatory for all participants taking part in practice and competition wear a full face helmet. The helmet must be properly fastened, be of good fit, and be in good condition. The helmet must have a chin strap retention system.

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## **Submission**

Medical/Safety Commission



## American Motorcyclist Association MEDICAL/SAFETY COMMISSION

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**AMA Competition Commissions are volunteer bodies that consider, disseminate, amend, interpret, and assist in the enforcement of both technical and operational rules for amateur and pro-am competition events sanctioned by the AMA.**

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### **Composition of Commission – November 2019**

Herbert Brennan  
*East Greenwich, RI*

Jim Buskirk  
*FL*

Michael Quinn  
*Rochester, MN*

Paul Reiman  
*Temecula, CA*

Chris Ulrich  
*Lake Elsinore, CA*